



# Gluten Free Menu.

## BUNS

### Bacon, Egg & Cheese 7.5

marbled egg, webster's smoked streaky bacon, cheddar cheese, chilli jam, served in a toasted GF bun

### Sausage, Egg & Cheese 7.5

fried egg, webster's sausage patty, cheddar cheese, served in a toasted GF bun

## BRUNCH

### Signature English 13.5

free-range egg your way, webster's sausage and smoked streaky bacon, grilled plum tomato, baked beans, flat mushroom, potato rostitis and a toasted GF bun

### Turkish Eggs (V) 9

2 poached eggs, greek yoghurt, avocado, chilli oil, pickled beetroot, cucumber, sesame seeds, alfalfa and a toasted GF bun

### Steak & Eggs 15

grilled and sliced 4oz sirloin steak served medium, two free range fried eggs, potato rostitis, rocket with grated parmesan, grilled plum tomato

### Soft Scramble (V) 7

three free-range soft scramble eggs, served on a GF bun with rocket garnish

make it plant-based with scrambled tofu and

THIS™ isn't bacon lardons +50p

### Smashed Avocado (VE) 8.5

sugar snap peas, lime, chilli flakes, served on a toasted GF bun with rocket garnish

#### Choice of topping:

poached egg 1.00 webster smoked streaky bacon 2.00

halloumi 2.5 smoked salmon 2.5 THIS™ isn't bacon 2.5

### Eggs Benedict 9.5

webster's smoked streaky bacon, two poached eggs and hollandaise sauce, served on a toasted GF bun with rocket garnish

### Eggs Royale 12

smoked salmon, two poached eggs, hollandaise sauce, served on a toasted GF bun with rocket garnish

### Buratta Salad (VE) 12

creamy italian buratta, fresh tomatoes, micro basil and pesto

### Flamingo Salad 12

iceberg, mixed leaf, chicken, bacon, cherry tomatoes, mozzarella, cucumber, avocado, beetroot, sourdough croutons, pumpkin seeds, chives, balsamic dressing

#### Poco Loco Special!

### Chimichurri Steak Frites 18

webster's prime 8oz bavette steak served medium, with skin-on fries and homemade chimichurri sauce

## BAGELS

### Fruit with Peanut Butter (VE) 7.5

blueberry, banana and toasted coconut flakes with peanut butter on a toasted GF bagel, served open

### Caprese (V) 8.5

tomato, mozzarella and pesto on a toasted GF bagel, served open

### Smoked Salmon 11

smoked salmon, cream cheese, pickled cucumber and a squeeze of lemon on a toasted GF bagel, served open

## BURGERS

#### Brenda's Special!

### Wagyu Burger & Fries 16.5

Wagyu 6oz beef patty, smoked streaky bacon, lettuce, tomato, emmental cheese, caramelised onions and brenda's special burger sauce, served in a toasted potato bun

### Hamburger & Fries 11

webster's beef smashed patty, lettuce, tomato, pickles and brenda's burger sauce, served in a toasted GF bun

### Cheeseburger & Fries 12.5

webster's beef smashed patty, lettuce, tomato, pickles, american cheese and brenda's burger sauce, served in a toasted GF bun

### Bacon Cheeseburger & Fries 14

webster's beef smashed patty and smoked streaky bacon, lettuce, tomato, pickles, american cheese and brenda's burger sauce, served in a toasted GF bun

### Brenda's Double & Fries 16

webster's beef double smashed patty and smoked streaky bacon, lettuce, tomato, pickles, american cheese and brenda's burger sauce, served in a toasted GF bun

### Crispy Chicken & Fries 13

buttermilk fried chicken burger, shredded lettuce, herb mayo, pickles, served in a toasted GF bun

### Brenda's Beyond & Fries (VE) 14.5

beyond meat burger, lettuce, tomato, pickles, smoked applewood plant-based cheese and burger sauce, served in a toasted GF bun

## TACOS

### Cajun Fried Chicken 9

cajun-spiced buttermilk fried chicken, pico de gallo, pink pickled onion, shredded lettuce, chipotle

### Beef Brisket Tinga 9

slow-cooked brisket, crispy onions, jalapeños, queso fresca, pink pickled onion, lettuce, sriracha

### Halloumi & Avo (V) 9

halloumi, avocado, chilli jam, curtido mexican slaw, shredded lettuce

### Plant-based Chicken (VE) 10

THIS™ isn't chicken, mango salsa, sriracha, pickled red onions

## SIDES

### Loco Fries (VE) 4.5

cajun seasoning, served with chipotle dip

### Patatas Bravas (VE) 5

crispy golden potatoes topped with a bold spicy tomato sauce and jalapeños

### Potato Rostis (VE) 3.5

four rostitis served with a spicy ketchup dip

### Skin-on Fries (VE) 3.5

with sea salt

### Cheesy Fries (V) 5

topped with house american cheese sauce  
add chopped webster's smoked streaky bacon +1

### Sweet Potato Fries (VE) 4

with sea salt

## DESSERTS

### Homemade Chocolate Brownie 8

served with sea salted caramel hackney gelato

### Strawberry Hackney Gelato

made using 45% crushed whole strawberries so it tastes like the creamiest bowl of strawberries ever

1 scoop 4 / 2 scoops 6

### Sea Salted Caramel Hackney Gelato

notes of burnt toffee and a sprinkle of maldon sea salt - properly decadent

1 scoop 4 / 2 scoops 6

### Dark Chocolate Hackney Sorbetto (VE)

made with belgian dark chocolate - rich enough to own its own yacht

1 scoop 4 / 2 scoops 6

#### Please Note.

We list everything from the main menu that does not contain gluten. Please be aware that our GF menu has its own section when you order from your phone. If your allergy is severe, please always order with a member of the team.



No need to visit the counter, but you can if you like!  
Scan QR to order!

We've designed this menu to help you choose GF dishes at Flamingo.

We prepare most dishes from scratch in the kitchen and whilst we make every possible effort to avoid cross-contamination, we would like to advise you that we cannot guarantee with absolute certainty that dishes will not have come into contact with a wheat based product.

If you are concerned about the preparation of your food please let a manager know who will notify the kitchen with your requirements and make every effort to go that extra mile.