



GLUTEN-FREE MENU

Brunch

Served daily 9am - 4pm

SWEET

CARROT CAKE / 4.25 (V)
simple, sweet, and topped with cream cheese frosting

LITTLE BROWNIE / 3.75 (V)
home-made, with love

LIGHTER

BREAKFAST BUN / 6
smoked streaky bacon or sausage patty, tomato ketchup, gf bun
add fried egg 1.5

POTATO ROSTIS / 4.5 (VE)
four rostis with tomato ketchup

CLASSIC

FLAMINGO BIG ENGLISH / 14.5
two free-range eggs your way, two premium pork sausages, smoked streaky bacon, grilled tomato, baked beans, flat mushroom, potato rostis, GF bun

TURKISH EGGS / 9.5 (V)
two poached eggs, greek yoghurt, crispy chilli, garlic oil, crispy chickpeas, lightly grilled GF bun

BIG VEGGIE ENGLISH / 14.5 (V)
two free-range eggs your way, baked beans, grilled tomato, flat mushroom, grilled halloumi, potato rostis, smashed avocado, GF Bun

ON GF BUN

EGGS YOUR WAY / 7.5 (V)
scrambled, poached or fried eggs
Make me vegan: scrambled tofu +50p

OUR AVOCADO / 8 (VE)
lime, chilli flakes, sea salt, olive oil
add poached egg 1.5
add feta 1.5

EGGS BENEDICT / 11
smoked streaky bacon, two free-range poached eggs, hollandaise sauce

EGGS ROYALE / 13
smoked salmon, two free-range poached eggs, hollandaise sauce

BRUNCH ADD-ONS

POACHED EGG / 1.5 (V)
FRIED EGG / 1.5 (V)
SCRAMBLED EGGS / 2.75 (V)

STREAKY BACON / 2.75
PORK SAUSAGE / 2.25
SMOKED SALMON / 4

SMASHED AVOCADO / 2.75 (VE)
HALLOUMI / 3 (V)
BAKED BEANS / 1.5 (VE)

All day

Served daily 9am - close

SNACKS

OLIVES / 4 (VE)
mixed olives, garlic, sunblushed tomato

GUAC & CHIPS / 4.5 (VE)
homemade guacamole, tortilla chips

SMALL PLATES

PADRON PEPPERS / 5.5 (VE)
sea salt

HALLOUMI FRIES / 7 (V)
mint yogurt, pomegranate

PIL PIL PRAWNS / 8
garlic and chilli oil

WHIPPED FETA / 7.5 (V)
confit garlic, thyme, gf bun

HONEY CHORIZO / 8
salsa verde
Add a lightly grilled gf bun for £2

BURGERS

HOUSE BURGER + FRIES / 14
4oz beef patty, lettuce, pickles, american cheese, burger sauce, GF bun
add extra patty 3 add bacon 2.5

CRISPY CHICKEN + FRIES / 14.5
buttermilk fried chicken burger, lettuce, herb mayo, tomato, GF bun
add american cheese 1 add bacon 2.5

FLAMINGO WAGYU + FRIES / 18.5
6oz wagyu beef patty, lettuce, emmental cheese, caramelised onions, burger sauce, GF bun
add bacon 2.5

TACO

BUTTERMILK FRIED CHICKEN / 9
spiced buttermilk fried chicken, pico de gallo, pink pickled onion, shredded lettuce, chipotle

MAIN PLATES

BLACKENED SALMON / 15
cajun rub, pineapple salsa, smashed avocado, sour cream

CHICKEN CAESAR SALAD / 13.5
grilled chicken, romaine lettuce, caesar dressing, crispy bacon, parmesan

HALLOUMI & PEACH SALAD / 11 (V)
romaine lettuce, cucumber, marinated tomatoes, chilli and mint dressing

ROAST AUBERGINE + FRIES / 14.5 (VE)
tomato ragu, rocket and tomato salad, pomegranate, vegan mint yoghurt dressing

SIDES

SKIN-ON FRIES / 3.75 (VE)
SIDE SALAD / 4 (V)
TATER TOTS / 4.25 (VE)
TRUFFLE CHEESE FRIES / 5.75

DESSERTS

***ETON MESS SUNDAE / 9.5 (V)**
crushed meringue, strawberry compote, fresh strawberries, strawberry ice cream, whipped cream

***PINA COLADA SUNDAE / 9.5 (VE)**
caramelised pineapple, coconut rum, whipped coconut cream, coconut & lime sorbet,

Allergies and intolerances: if you have a food allergy, intolerance or sensitivity, please let your server know every time you visit, before you order. the manager on duty will personally take and deliver your order, whilst the kitchen manager will personally prepare your food as you require. This may mean that your meal may take a little longer than normal to prepare. Whilst we take every care to prevent cross-contamination, we cannot guarantee that your dish will be free from allergenic ingredients as dishes are prepared in areas where these ingredients are present.

(VE) suitable for vegans (V) suitable for vegetarians *May contain